

# CHRYSLIS OUTDOOR SCHOOL



TEACHER  
PLANNING GUIDE

# Our Mission

Our Mission is to provide alternative settings and experiences in which youth, adults and families are strengthened in their relationship with Christ, each other, the church and community.

# Our Philosophy

Through high quality, experiential field trips, students gain greater knowledge and appreciation of the natural world, and build a stronger classroom community.

# Table of Contents

Teacher Checklist .....	1
Science Classes .....	2
Skills Classes .....	4
Evening Activities .....	6
Sample Schedules .....	7
Appendix .....	9
Scheduling Information Form	
Student Registration Form	
Adult Registration Form	
Class Roster	
Parent Information	
What to Bring List	
Sample Chrysalis Outdoor School Contract	
Copy of General Chrysalis Policies and Procedures	
Directions to Camp Chrysalis	





# Teacher Checklist

This checklist is meant to help in the planning of your Outdoor School experience. If you have any questions, please do not hesitate to contact us at [info@crossrails.org](mailto:info@crossrails.org) or 830-257-6340.

- Reserve the date(s) for your Outdoor School program with the Cross Trails Ministry registrar.
- Review the Science, Skills and Evening Activity classes offered and fill out the Scheduling Information Form.
- Sign and return your Outdoor School Contract with the deposit, and the Scheduling Information Form. Once we receive your Scheduling Information Form we will finalize the schedule for your group. You will receive this within two weeks of sending in the deposit.
- When you receive the schedule for your group, review it to make sure it meets your group's needs. Contact our office if you have any questions or concerns.
- Recruit adults to stay overnight in the cabins with your students if teachers will be staying separately. We require people responsible for cabin supervision to be at least 18 years old. We recommend at least one adult, of the same sex, for every 9 students. A criminal background check is highly recommended.
- Determine which of your teachers, or accompanying adults, will be in charge of administering prescription and over the counter medications during your stay.
- Make any transportation arrangements required.
- Schedule a parent and student information presentation with Chrysalis staff (optional).
- Give parents of students a copy of the Student Registration Form, Parent Information sheet, and What to Bring List.
- Give all adult leaders, including teachers, a copy of the Adult Registration Form, Parent Information sheet, and What to Bring List.
- Fill out the Class Roster sheet to divide your group into outdoor school class groups.
- Collect and send in all Registration Forms and the Class Roster sheet at least two weeks prior to your field trip.
- Confirm with Chrysalis Outdoor School the final numbers of your group and any special needs—Chrysalis staff will call you the Tuesday before to confirm your numbers.
- Make arrangements to pay for the remainder of your Outdoor School fee.



# Chrysalis Outdoor School Classes

Chrysalis Outdoor School classes are hands-on, outdoors, and designed to inspire curiosity, critical thinking and teamwork. For Christian schools, we offer a program that welcomes God and faith discussions.

Classes for students in grades 4-8 are two hours long. Class sizes are kept small, with an average of no more than 15 students per instructor.

## Science Classes

Chrysalis science classes are designed to meet or exceed state guidelines for each grade level. These life science and social science classes emphasize interactive science learning that stimulates scientific curiosity, conservation and stewardship.

For Grades 4-8 (2 hour classes)
Adaptations
Basic Ecology
Basic Geology
Creek Ecology
Edible and Medicinal Plants
Plant Ecology
Predator/Prey
Scientific Method
Sensory Walk
Wildlife Ecology
Living History

### **Adaptations**

Chrysalis' plants and animals are uniquely adapted to their Hill Country environment. In this class, students will explore Chrysalis looking for evidence of how plants and animals are uniquely suited to live here.

### **Basic Ecology**

Knowledge of the key terms in ecology is critical to understanding more in-depth science. In this class, hands-on activities and games will introduce students to some key terms in ecology such as producers, consumers, decomposers, organisms, populations, communities and ecosystems.

### **Basic Geology**

Rocks and soil are the building blocks of Chrysalis. Students in this class will explore the Chrysalis landscape in search of evidence of how weathering, erosion, heat and pressure change rocks. Then they will move on to use test kits and charts to characterize the soil, and maybe find a fossil or two along the way.

# Science Classes—Continued

## **Creek Ecology**

Turtle Creek, in the Upper Guadalupe watershed, provides a beautiful setting for studying the water cycle. Students will explore Turtle Creek with collecting nets, magnifying glasses, and microscopes. Then, water quality and stream dynamics will be studied using water test kits and micro and macro biological indicators.

## **Edible and Medicinal Plants**

Pioneers and Native Americans found many uses for the plants at Chrysalis. In this class, students will learn how plants found here were used as food and medicine, and which are still used today.

## **Plant Ecology**

With its unique bluff, field and creekside, Chrysalis has a very diverse plant community to explore. There are annuals, perennials, trees, shrubs and herbs growing wild. Students in this class will have the opportunity to use games and a plant key system to study the plants while they develop an appreciation of the diversity of Hill Country plant life.

## **Predator/Prey**

Predators and prey interact constantly in the natural world. This is a large group game in which each student is given a place in the food web and must try to meet their needs for food, water and shelter, while avoiding those who may want to use them as food. A shortened version of this game may be played as an evening activity. Minimum group size is 20 for this game.

## **Scientific Method**

Understanding the scientific inquiry method is important to any scientist. In this class students will have the opportunity to formulate a testable hypothesis, select equipment to collect and analyze data, communicate their conclusions, and constructively critique each other's methods and conclusions.

## **Sensory Walk**

In order to appreciate the natural world, students must be comfortable in it. This class is designed to help students learn to explore the natural world. Students will participate in a series of games and activities meant to expose them to different ways to look at the natural world and help them to be more comfortable in it.

## **Wildlife Ecology**

The animals of Chrysalis are wild! In this class students will learn about some of the animals found in the Hill Country, how they are well-suited to live here, what type of habitat they call home and their niche in the local ecosystem.

## **Living History**

The Chrysalis area has a rich heritage. In this class students will be transported back in time as staff portray local historical pioneers who will show students how they make different necessities such as soap, rope, candles, rootbeer or others, all while incorporating an awareness of students of what many generations did without.



# Skills Classes

Chrysalis skills classes are designed to facilitate group and individual character development while challenging students to develop specific outdoor skills. For students in grades 4-8 classes are two hours long.

For Grades 4-8 (2 hour classes)
Archery
Canoeing
Chrysalis Bluff Hike
Crafts
Creative Writing
Maps and Compasses
Outdoor Cooking
Survival Skills
Group Building Games & Challenges
Wall Climb & High Ropes Challenge

## Archery

Archery is a skill that is both modern and ancient. Students in this class will have the opportunity to learn some basics of the sport, from stringing a bow to target shooting.

## Canoeing

The quiet waters of Turtle Creek are a wonderful place to learn the basics of canoeing. In this class students will have the opportunity to learn the basic canoe safety procedures and strokes as they practice under the supervision of a trained lifeguard and instructor. There is an additional fee of \$15 for the lifeguard.

## Chrysalis Bluff Hike

The Chrysalis bluff is a place to explore. Students are surrounded by wilderness as they move from the creekside to an overlook at the top. With a group perspective facilitated by Chrysalis staff, the hike becomes a community building adventure.

## Crafts

Take home a craft. Chrysalis has a variety of craft options available for campers for a small additional fee. For overnight campers, kiln fired crafts are available.

## Creative Writing

Being surrounded by nature often brings out the creative side of students. In this class students will be shown simple forms of structured poetry and expository writing and be encouraged to express their views of their experience at camp creatively.

# Skills Classes—Continued

## **Maps and Compasses**

Find yourself at Chrysalis. In this class, students are given the opportunity to learn how to use a compass and topographic map, and then follow an orienteering course through camp.

## **Outdoor Cooking**

Cooking over the campfire is almost a lost art. In this class, students will learn basic fire building and then cook and eat several different items. Fire and food preparation safety will be emphasized.

## **Survival Skills**

What do you really need to survive? Students will play a game that will help them to determine what they should bring with them when exploring the outdoors. They will learn how to prioritize their needs if they are lost, along with the basics of finding food, water, shelter and help.

## **Group Building Games & Challenges**

Communication, cooperation and commitment are emphasized in this class. Students participate in a series of games and low obstacle challenge course elements that require them to work together to succeed. After each activity, staff will facilitate a short discussion to help students to realize how they are working together, and help them to translate their experience to their life at home and school.

## **Wall Climb and High Ropes Challenge**

Set your goal and climb to reach it! Students step into a climbing harness and climb to reach their personal goal on our 35 foot high climbing wall or one of the other high ropes elements. This class lets students set their own goals and then strive to reach them. While climbers are secured safely in a belay system, their classmates offer enthusiastic. The Group Building Games & Challenges are highly recommended prior to participation in this class.



# Evening Activities

For overnight school groups, Chrysalis offers evening options that range from science classes to traditional camp activities.

## **Astronomy**

The stars at night are big and bright... In this class, students will have the opportunity to find constellations and hear their ancient stories, look through a telescope, learn about the moon cycle and stars, and develop an appreciation for the speed of light.

## **NightWalk**

Night is a time to explore at Chrysalis. In this class students will learn about the adaptations of nocturnal animals by playing games and testing how their own senses work at night.

## **Environmental Debate**

Can your students defend their ideas? In this town hall debate format, students will be asked to represent different interests in a piece of property. Then defend their position to other groups.

## **Folk Dance**

Dance the evening away—folk style! We'll teach your class some basic line and circle folk dances that will leave everyone's toes tapping.

## **Alpha Beta**

Explore a different culture. This cross-cultural game involves dividing the group into two make believe cultures, and then letting them visit the other culture to learn all that they can.

## **Camp Olympics**

Competition can be fun, at camp. In this series of silly games and relays, teams all students will find something they are good at to help their team.

## **Game Night**

Playing camp games is a wonderful, memorable way to spend the evening. A combination of active and quiet games will have all of the students enjoying their time together.

## **Drama Night**

Students are natural at drama. We'll start with some simple drama exercises and end with students performing skits they have created using props we give them.

## **Campfire**

Campfires are a camp tradition! We can have s'mores and singing, along with seeing if we can get an echo from the bluff. This can be used in place of Evening Song.



# Sample Schedule—Overnight Program

## Schedule Terms for Overnight Programs

Turtle Time – Rest period in cabins

Journal Time – Students are encouraged to write about their day

KP - Kitchen Party - Assigned students help with the set up and clean up of the meal

Morning Song – A morning devotional/worship time led by our staff or your teachers and adults

Evening Song – An evening devotional/worship time led by our staff or your teachers and adults

## Arrival Day

Arrival time can be adjusted to best suit the participating school. Lights out can be adjusted for younger groups. For late Spring groups, Journal Time may be switched with the Evening Activity if darkness is required for the activity.

10:00	Arrival, Welcome/Move in, Orientation
12:00	Sack Lunch from Home
12:30	Turtle Time
1:00	Class
3:00	Break with Snack
3:30	Class
5:30	Break
5:45	Sing-a-long/KP
6:00	Dinner
6:30	Break to Prepare for the Evening
7:00	Evening Activity
8:00	Snack
8:30	Journal Time/Teacher and Staff Meeting
9:00	Evening Song
9:30	Return to Cabins
10:30	Lights Out

## On-Site Day

An on-site day is a full day at Chrysalis. This schedule would apply for three and four day programs.

7:45	KP
8:00	Breakfast
8:30	Cabin Clean up
9:00	Morning Song
9:30	Class
11:30	Break
11:45	KP
12:00	Lunch
12:30	Turtle Time
1:00	Class
3:00	Break with Snack
3:30	Class
5:30	Break
5:45	Sing-a-long/KP

# Sample Schedule—Continued

## **On-Site Day-Continued**

6:00	Dinner
6:30	Break to Prepare for the Evening
7:00	Evening Activity
8:00	Snack
8:30	Journal Time/Teacher and Staff Meeting
9:00	Evening Song
9:30	Return to Cabins
10:30	Lights Out

## **Departure Day**

Departure time can be adjusted to accommodate the participating school. All schools are asked to depart by no later than 3:30 unless special arrangements are made.

7:45	KP
8:00	Breakfast
8:30	Cabin Clean up/Packing
9:00	Morning Song
9:30	Class
11:45	KP
12:00	Lunch
12:30	Turtle Time & Pack Vehicles
1:00	Class
3:00	Evaluations & Ending Song
3:30	Departure



# Appendix

The materials on the following pages are designed to be reproducible and used by Teachers and Group Leaders in preparation for their Outdoor School Experience.

Included in this appendix are:

Scheduling Information Form

Student Registration Form

Adult Registration Form

Class Roster

Parent Information

What to Bring List

Copy of Your Chrysalis Outdoor School Contract

Copy of General Chrysalis Policies and Procedures

Directions to Camp Chrysalis

# CHRYSALIS OUTDOOR SCHOOL

## Scheduling Information Form

SCHOOL NAME: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_ PHONE: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

FAX: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PROGRAM (circle):    2 Days            3 Days            4 Days            ARRIVAL DATE: \_\_\_\_\_

NUMBER OF TEACHERS/ADMINISTRATORS ATTENDING: \_\_\_\_\_

WILL YOU NEED SEPARATE HOUSING FOR TEACHERS? (circle one): YES    NO

NUMBER OF NON-TEACHER/ADMINISTRATOR ADULTS ATTENDING: \_\_\_\_\_

### GRADE LEVEL(S)

Please give the number of students attending in each grade listed below.

	K	1	2	3	4	5	6	7	8
MALE STUDENTS									
FEMALE STUDENTS									



### CLASS SELECTIONS

Put your class selections on the lines provided below.

**Two Day Schools:** Select up to four classes and one evening activity.

**Three Day Schools:** Select up to seven classes and two evening activities.

**Four Day Schools:** Select up to ten classes and three evening activities.

CLASS SELECTIONS			EVENING ACTIVITIES
1.	5.	8.	1.
2.	6.	9.	2.
3.	7.	10.	3.
4.			

### SCHEDULE

Preferred arrival time (if any): \_\_\_\_\_ Preferred departure time (if any): \_\_\_\_\_

Would you like Chrysalis Staff to lead Morning Song and Evening Song: \_\_\_\_\_

Please add additional schedule questions or concerns on the back of this sheet.



# CHRYSALIS OUTDOOR SCHOOL

## Student Registration Form

### STUDENT INFORMATION

SCHOOL NAME

CITY

STUDENT'S NAME (First and Last)

HOME PHONE

\_\_\_\_/\_\_\_\_/\_\_\_\_  
BIRTHDATE

\_\_\_\_  
GRADE

M F  
GENDER (Circle)

\_\_\_\_\_  
FAMILY EMAIL (Optional)

HOME ADDRESS

CITY

ZIP CODE

SPECIAL NEEDS: (Medical issues, dietary restrictions, or other special needs)

### EMERGENCY INFORMATION

PARENT/GUARDIAN NAME

WORK PHONE

CELL PHONE

PARENT/GUARDIAN NAME

WORK PHONE

CELL PHONE

**If parent/guardian(s) can not be reached, please contact the person below.**

EMERGENCY CONTACT NAME

RELATIONSHIP TO CHILD

HOME PHONE

WORK PHONE

CELL PHONE

I, will not hold Chrysalis Outdoor School, its staff, or its parent company, Cross Trails Ministry, responsible for accidents, claims and damages arising from my child's participation in Chrysalis Outdoor School. I am responsible for any medical obligations incurred during the Outdoor School session, and give the adult in charge of my child's school group permission to seek medical treatment for my child in case of injury or sudden illness. I also give Cross Trails Ministry permission to use any photograph/video of my child, taken at Chrysalis Outdoor School, in future promotional materials for its sites and programs.

PARENT/GUARDIAN SIGNATURE

PRINTED PARENT/GUARDIAN NAME

DATE

In addition to Chrysalis Outdoor School, Cross Trails Ministry offers Christian summer camp and retreat programs for youth, adults and families throughout Southwestern Texas.

Would you like to be on our mailing list for brochures detailing these programs? YES NO



# CHRYSALIS OUTDOOR SCHOOL

## Adult Registration Form

### TEACHER/ADMINISTRATOR/ADULT INFORMATION

\_\_\_\_\_  
SCHOOL NAME

\_\_\_\_\_  
CITY

\_\_\_\_\_  
NAME (First and Last)

\_\_\_\_\_  
HOME PHONE

\_\_\_\_\_  
HOME ADDRESS

\_\_\_\_\_  
CITY

\_\_\_\_\_  
ZIP CODE

SPECIAL NEEDS: (Medical issues, dietary restrictions, or other special needs)

### EMERGENCY INFORMATION

**If I have a health emergency, please contact the person below.**

\_\_\_\_\_  
EMERGENCY CONTACT NAME

\_\_\_\_\_  
RELATIONSHIP

\_\_\_\_\_  
HOME PHONE

\_\_\_\_\_  
WORK PHONE

\_\_\_\_\_  
CELL PHONE

I, will not hold Chrysalis Outdoor School, its staff, or its parent company, Cross Trails Ministry, responsible for accidents, claims and damages arising from my participation as an adult attending Chrysalis Outdoor School. I am responsible for any medical obligations incurred during the Outdoor School session, and give the adult in charge of my child's school group, or the Cross Trails Ministry staff, permission to seek medical treatment for me in case of injury or sudden illness. I also give Cross Trails Ministry permission to use any photograph/video of me, taken at Chrysalis Outdoor School, in future promotional materials for its sites and programs.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
DATE

In addition to Chrysalis Outdoor School, Cross Trails Ministry offers Christian summer camp and retreat programs for youth, adults and families throughout Southwestern Texas.

Would you like to be on our mailing list for brochures detailing these programs? YES NO



# CHRYsalIS OUTDOOR SCHOOL

## Class Roster

SCHOOL: \_\_\_\_\_

TEACHER(S): \_\_\_\_\_ DATE(S): \_\_\_\_\_

**LEARNING GROUPS:** Please break your students into Outdoor School Learning Groups. Make as few groups as possible without going over 15 students in any one group. Make them as equal as possible in terms of student numbers and male/female ratio. If more than two learning groups are needed, copy this form.

LEARNING GROUP:
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.
13.
14.
15.

LEARNING GROUP:
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.
13.
14.
15.

**SPECIAL NEEDS:** Please provide the instructors with any information regarding particular student needs that will help to ensure their success at the Chrysalis Outdoor School. This information will be shared only with the instructors working directly with the students.



# CHRYSALIS OUTDOOR SCHOOL

## Parent Information

### **WHAT IS CHRYSALIS OUTDOOR SCHOOL?**

Chrysalis Outdoor School is a unique education adventure for your child. Through this high quality, experiential field trip, your student will gain a greater appreciation of the natural world and work to build a stronger classroom community.

### **WHERE IS CHRYSALIS OUTDOOR SCHOOL?**

Chrysalis Outdoor School is located at Lutheran Camp Chrysalis 8 miles south of Kerrville, Texas. Chrysalis has been in operation for over 55 years, and is accredited by the American Camp Association for safety and excellence in programs and facilities. It's ninety-one acres include a large playing field and a dramatic bluff overlooking Turtle Creek. It is an ideal location to explore, discover and learn.

### **WHAT WILL MY CHILD DO AT CHRYSALIS OUTDOOR SCHOOL?**

Your child will participate in Outdoor School classes. These classes are designed to be outdoors and active. Through games, demonstrations and structured exploration, Outdoor School classes inspire curiosity, critical thinking and teamwork. A specific schedule of classes is available from your student's classroom teacher. When not in classes, supervision will be provided by adults and teachers from your school.

### **WHAT ARE THE STUDENT BEHAVIOR EXPECTATIONS AT OUTDOOR SCHOOL?**

Your child will be expected to stay with his or her group at all times, and show respect to the your school's adults, Chrysalis instructors, other students, the facilities and the natural world. Any discipline needed will be done in coordination with your school's existing policies. Specific Outdoor School and Chrysalis Policies will be shared with the students upon their arrival. Basically, your student should behave in such a way as to bring honor to themselves, their school and your home. We reserve the right to send home any child who is deemed disruptive to the program or destructive to themselves, others or the facilities.

### **WHAT IF MY CHILD HAS MEDICAL NEEDS?**

Chrysalis Outdoor School does not have a nurse on duty, but is within 8 miles of the Kerrville's Sid Peterson Hospital. Our staff are trained and prepared to assist with any first aid needs, but may not dispense any medication. Your school leaders are responsible for dispensing any medications, including both prescription and over the counter products. Chrysalis does not provide insurance. Your school is responsible to provide primary insurance coverage.

### **WHAT IF I NEED TO CONTACT MY CHILD?**

You may contact the office at the camp at 830-257-6340. Office hours are 8:30 to 4:30 daily. After office hours, messages are checked just prior to meals and before lights-out. If there is an after-hours emergency, please call the Chrysalis Camp Director at 830-257-6387.

### **THANK YOU FOR THE OPPORTUNITY TO SERVE YOUR CHILD!**

Chrysalis Outdoor School considers it a privilege to be entrusted with the instruction of your child.



# CHRYSALIS OUTDOOR SCHOOL

## What to Bring List

### **WHAT TO BRING**

Chrysalis Outdoor School is outdoors and hands-on. Students should wear rugged, comfortable clothes that can get dirty. Layering of clothing is encouraged to help students remain comfortable all day. It is best to pack at least one extra day's worth of clothing in order to ensure your child will have clean clothes if needed. Please put your student's name on everything!

- Sleeping Bag & Pillow
- Towel & Washcloth
- Toiletries
- Sunscreen & Chapstick
- Shirts Appropriate to the Season
- Underwear & Socks
- Long Pants
- 2 Pairs of Tennis Shoes
- Sun Hat or Cap
- Jacket and/or Sweatshirt
- Lightweight Rain Coat or Poncho
- Flashlight with Fresh Batteries
- Water Bottle
- Notebook and Pen or Pencil for Journaling
- Medications (Please refer to your school guidelines)
- Sack Lunch for First Day (Unless your school makes other arrangements)
- Camera (optional)

### **WHAT NOT TO BRING**

Please leave the following items at home. If these items are brought to camp, they will be labeled and stored by staff for the duration of Outdoor School session and then returned to your child's teacher. Chrysalis insurance does not cover personal belongings.

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Snacks                    | <input checked="" type="checkbox"/> Gum                             |
| <input checked="" type="checkbox"/> Hair Dryers               | <input checked="" type="checkbox"/> Curling Irons                   |
| <input checked="" type="checkbox"/> Pets                      | <input checked="" type="checkbox"/> Weapons—Including pocket knives |
| <input checked="" type="checkbox"/> Tobacco Products          | <input checked="" type="checkbox"/> Alcohol or Illegal Drugs        |
| <input checked="" type="checkbox"/> Personal Sports Equipment | <input checked="" type="checkbox"/> Anything Valuable               |

Please consult your school policies on cell phones and other electronic devices.

Chrysalis Outdoor School reserves the right to search a student's belongings if deemed necessary.

# Copy of Your Chrysalis Outdoor School Contract



## Chrysalis Outdoor School Contract

Your School Name

Contact Person: **First & Last Name**

Contract Date: **Month, Day, Year**

We are excited to welcome **Your School** on **Dates** for a **Chrysalis Outdoor School Program**. We look forward to your upcoming education adventure, and are pleased to serve you. This contract is sent to confirm your reservation. **Please review it and return the requested items by no later than Contract Return Date.**

1. Your reservation is for **# students and # teachers or other adults**. You will be charged **\$ per student**. This fee includes all housing, meals and all instruction. You are required to provide one same sex adult, for overnight and cabin supervision, per a maximum of 9 students of the same sex. Full-time teachers and one adult per cabin group are free. Additional adults will be charged the student rate.

2. **A non-refundable deposit of \$10 per student and paying, additional adult is due by Date.** Your check should be made payable to Cross Trails Ministry. If you would like to pay by credit card, please contact our office. Our office will contact you the Tuesday before your arrival to confirm your final number of students, teachers and adult participants. This will be your final contract number of participants. You will be required to pay for this number.

3. Enclosed you will find a **Teacher Planning Guide**. **Please review the guide and return this Contract with the required deposit, along with the Scheduling Information Form** found in the Planning Guide. Send these items to Registrar, 391 Upper Turtle Creek Rd., Kerrville, TX 78028.

4. Please note you are responsible for your own insurance. Your insurance carrier provides the primary liability, accident and sickness coverage while you are on site. Cross Trails Ministry, the parent company of Chrysalis Outdoor School, provides secondary accident insurance only. Our staff are trained to help with first aid, but any medications that your students may need to take, whether prescription or over the counter, must be administered by adults with your group.

Please do not hesitate to contact us if we can be of any further assistance in your Outdoor School preparations! You may call (830) 257-6340 or email [info@crosstrails.org](mailto:info@crosstrails.org). We are looking forward to a wonderful education adventure!

**I understand and agree to the policies outlined in this document and in the Chrysalis Outdoor School Teacher Planning Guide. I have read the Planning Guide, the Contract and the General Chrysalis Policies and Procedures on the back of the contract. I agree to take responsibility for sharing these with my group and ensuring that all policies are followed, and all paperwork required is submitted.**

Signed: \_\_\_\_\_ Signed: \_\_\_\_\_  
Contact Person Chrysalis Representative

# Copy of General Chrysalis Policies and Procedures

## General Camp Chrysalis Policies and Procedures

*We are glad you have selected Camp Chrysalis. We are extremely proud of our facilities and want to maintain that high quality for all who come to us. Therefore, we need your help. Good stewardship includes respect for facilities and equipment that have been provided for you. The following guidelines ensure that your stay at camp will be safe and productive and will ensure that we will be able to serve other groups in the future.*

1. **Vehicles.** Please note that the camp speed limit is 15 mph, and park only in designated parking spots. Camp Chrysalis does not transport guests, unless required for the designated program. If other transportation is needed it is the responsibility of the group. There will be no transporting of individuals in vehicles not designed for passengers, including in the back of pick-up trucks.
2. **Trash and Recycling.** Camp Chrysalis takes great pride in the beauty of its natural surroundings. Please assist us by keeping the grounds picked up, neat and clean. For garbage/trash, please use the trashcans located throughout the camp and inside buildings. Aluminum, glass, plastic and paper should be recycled. Bring recyclables to the blue containers located in the dining hall, chapel and several other camp buildings.
3. **Wildlife.** Please leave the wildlife alone! Watch the animals, but do not try to touch them. If you find an ill or injured animal, report it immediately to a staff member.
4. **Trails.** Stay on the designated trails at all times to avoid further erosion. Before hiking on the bluff, please alert a staff member that you are hiking and obtain a first aid kit and radio
5. **Electronics.** Camp Chrysalis prefers that radios, stereos, etc. to be left at home. If brought, the sound should not be heard outside the building in which it is located.
6. **Alcohol.** No alcohol use is allowed by youth or adults supervising youth. For adults not supervising youth, alcohol is permitted only in areas assigned to you. Alcohol is prohibited in common areas like the pool, trails, dining hall and group gathering spaces.
7. **Smoking.** No smoking is allowed in any of our buildings. The designated smoking areas are located on the bluff side of each cabin. Please dispose of cigarette refuse in trash containers.
8. **Health Care.** Camp Chrysalis does not have a nurse on duty during the non-summer season. Camp staff are available to assist with first aid needs. Our staff is not licensed to dispense any medications. Groups must bring their own medications (including aspirin and cough drops) and be responsible for dispensing them.
9. **Firearms.** Firearms, fireworks and ammunition are prohibited in camp. If you inadvertently brought any of these items with you, they shall be turned into the camp staff to be stored for the duration of your visit.
10. **Pets.** Pets are not allowed on camp property. Information for kenneling arrangements are available from camp staff.
11. **Sewer System.** To prevent floods in your cabins and the clogging of our sewer system, please do not place Kleenex, sanitary napkins, tampons, or anything but toilet tissue and human waste into the toilets.
12. **Lights.** Please turn off the lights when leaving your cabin.
13. **Food.** No food or drinks in cabins. This attracts mice, ants, and other animals inside the cabin.
14. **Candles.** The use of candles in buildings is prohibited without expressed permission.
15. **Quiet Hours.** Be considerate of others by observing quiet hours from 11 p.m. to 7 a.m.
16. **Facility Restrictions.** Please respect the following facility restrictions.
  - **The ropes course is off limits unless a camp-provided facilitator is present.**
  - **Pool area is off-limits unless a camp-provided lifeguard is present.**
17. **Facility care.** Camp property and grounds shall be kept clean and orderly. Any breakage or damage to camp property, buildings or equipment over and above normal wear and tear is the responsibility of your group, and you will be asked to cover the cost of the damage. This includes graffiti. If there are any facility problems or anything the staff can do to make your stay more comfortable, please contact one of the staff members immediately.
18. **Dangerous Substances and Equipment.** For the safety of all individuals at Camp, substances/equipment such as: firearms, ammunition, knives, explosives, fireworks, and gasoline/flammable liquids must not be brought to Camp.
19. **Personal Sports Equipment.** Camp Chrysalis asks that you do not bring your own personal sports equipment. The Camp will provide you with all of the equipment you will need. You may bring your personal fishing gear if you would like to fish. All fishing at Camp is done on a catch and release basis only.
20. **Canoes and Creek.** Camp Chrysalis' Staff with current American Red Cross certification as a lifeguard, first aid/CPR certification and small water craft experience can supervise canoeing. Camp Chrysalis urges user groups to never leave children unattended around the creek.
21. **Emergency Procedures.** Please identify emergency exits in each building for a fire emergency. Please also read all other emergency and crisis informational sheets provided in each cabin.
22. **Specific Procedures and Safety Regulations for Youth**
  1. Do not throw rocks, sticks, etc. while on premises.
  2. There is no climbing on roofs, buildings or trees.
  3. Youth must stay in the main camp, except when accompanied by an adult or staff member.
  4. Youth must be accompanied by an adult when crossing the creek or playing in the creek area.
  5. There is no horseplay on bunks. Do not stand on top bunks and jump from one to another.
  6. Do not go in or close to any cabin except your own. Raiding is not allowed.

# DIRECTIONS TO CAMP CHRYSALIS



## From San Antonio or Houston:

Take I-10 West to exit 508 (Hwy 16).

Turn left on Hwy 16 and travel through Kerrville.

Travel approximately 16 miles from I-10 to FM 1273 (Upper Turtle Creek Rd.)

Turn right and go 1.5 miles. Camp Chrysalis is on the right side.

## From Austin:

Take Hwy 290 to Fredericksburg.

Turn left on Hwy 16 on go South.

Travel approximately 38 miles through Kerrville to FM 1273 (Upper Turtle Creek Rd.)

Turn right and go 1.5 miles. Camp Chrysalis is on the right side.

## From El Paso:

Take I-10 East to exit 508 (Hwy 16).

Turn right and travel on Hwy 16 through Kerrville.

Travel approximately 16 miles from I-10 to FM 1273 (Upper Turtle Creek Rd.)

Turn right and go 1.5 miles. Camp Chrysalis is on the right side.

